



**Seymour Parks & Recreation
Aquatic Exercise Classes at the
Shield's Park Pool
June 8th-July 29th**

***Water Fitness Classes will be held Monday and Wednesday
11:05-11:50am and 5:05-5:50pm**

***Deep Water Exercise Classes will be held Monday and
Wednesday 5:55-6:30pm (*Pre-registration required*)**

***Cost: \$5.00 Per Session or Aquatic Exercise
Summer Pass for \$200 (savings of \$40)**

***Certified Lifeguard On Duty**

Instructor: Kelly Baute, Ph.D.

**Contact the Parks Office at
(812) 522-6420 for additional information
Or email seyparkrec@seymourin.org**